

ACRO Attire

RUNNING SNEAKERS

*Must have running sneakers for class
although you may be asked to go barefeet from time to time

CLOTHING ATTIRE

*Jazz shorts/leggings/Track pants

*Tights OPTIONAL

*Fitted tops/Crops/leotards

NO LOOSE T shirts or tops that will cover face when upside down

NO JEANS/SKIRTS/DRESSES OR UNSTRETCHED STYLE PANTS

HAIR + ACCESSORIES

*Hair must be kept off the face and tied up for safety

NO JEWELLERY: Dangling earrings, Rings, necklaces, bracelets

